

WASHINGTON TRACK AND FIELD

June 8, 2009

//For Immediate Release//

Contact: Michael Bruscas

Huskies Challenge Nation's Elite At NCAA's

Seven Husky seniors suit up for the final time at the nation's elite track meet.

ON THE TRACK: The 2009 track and field season reaches its climax this week, as the University of Arkansas hosts the NCAA Outdoor Track & Field Championships. Washington will bring 19 athletes to Fayetteville for the four-day meet that runs from Wednesday through Saturday at John McDonnell Field.

Washington's 19 representatives is up from 13 a year ago and features several athletes that will be eyeing national titles and All-America honors. Eleven Huskies will be competing at the outdoor national meet for the first time in their careers.

The Husky men's team, ranked 21st in the nation, is looking to extend a string of three straight Top-25 finishes. Last year the Dawgs finished 16th with 19.33 points, their highest point total since 1983. The women are poised to bounce back from a rare national meet where they did not score. The national rankings, compiled based on projected point scoring, peg the women's team at No. 15 heading into NCAA's.

Leading the men's group will be decorated seniors Jordan Boase and Austin Abbott, each with five All-America honors to their names. Boase (Bothell, Wash.), the Pac-10 and West Region 400-meter champion, will be among the favorites to win the 400m dash title after placing fourth a year ago and third at the 2009 NCAA Indoor meet. Abbott, a Chehalis, Wash. native, will already go down as one of the best mid-distance runners in school history, but will hope to go out with a bang in his final meet. He is seeded 11th in the 1,500-meters in one of the deepest events at this year's nationals.

The highest-ranked individual Husky is sophomore pole vaulter Scott Roth (Granite Bay, Calif.). The 2009 Pac-10 and West Region champ has cleared 18-4 1/2 this season to rank second in the NCAA. Roth had three close attempts at 18-8 at Regionals and will look to join former Husky vaulters Brad Walker and Kate Soma on top of the podium. One of his top competitors will be from his own team, as senior Jared O'Connor (Clifton Park, N.Y.) returns to NCAA's where he was a surprise runner-up finisher in 2008. O'Connor's experience and skill in adverse conditions makes him a definite contender once again.

Four surprising sprinters will also represent U-Dub this week, their mere presence a testament to teamwork and perseverance. Junior Jeff Gudaitis, and seniors Kenjamine Jackson (Seattle, Wash.), Randy Bacon (Tacoma, Wash.), and Joe Turner (Fresno, Calif.) comprise the men's 4x100m relay, which qualified for nationals for the second straight year despite Turner being the only holdover from last year's group. The foursome ran a season-best 40.18 at Regionals to earn the third and final auto spot, upsetting several higher-ranked teams. Gudaitis (Tacoma, Wash.) also was a surprise qualifier in the open 400m. He and Bacon and Jackson have never competed at nationals, and the latter two will get to end their careers at the premiere meet.

The Husky throws group was absent from the 2008 outdoor meet, but is back with a vengeance this season, as four Huskies, two men and two women, will be flexing their muscles. Junior Zack Midles (Olympia, Wash.) and sophomore Elisa Bryant (Seattle, Wash.) will both be throwing the hammer, while sophomores Kyle Nielsen (Langley, B.C.) and Brooke Pighin (Port Alberni, B.C.) will hoist the javelin. All four will be making their NCAA Outdoor debuts.

The Washington women's distance corps, dominant since the start of cross country season in the fall, will put the finishing touches on its historic year this week with five NCAA competitors. Junior Katie Follett (Fort Collins, Colo.) won the Pac-10 title at 1,500m for the second straight year this season, but will actually run the 5,000m at NCAA's, where she is ranked third. Junior Anita Campbell (Vancouver, B.C.) was the Pac-10 Champion at 10,000-meters and seeded eighth going to Arkansas. UW's third Pac-10 track champ is redshirt freshman Mel Lawrence (Reno, Nev.). She is the fourth overall seed in the steeplechase and looking for her first All-American track honor. Finally, freshman Christine Babcock (Irvine, Calif.) and junior Kailey Campbell (Seattle, Wash.) are both entered in the 1,500-meter run. On the men's side, junior Jake Schmitt will compete in the 10,000-meters for the second-straight year.

Last, but proven not to be least, is senior vaulter Andrea Peterson, perhaps UW's most unlikely qualifier. Peterson had the meet of her life at Regionals just over a week ago, setting a new PR by seven inches to finish second with a clearance of 13-9 3/4. She was ranked just 17th going into Regionals, but now will get to enjoy her first career NCAA Championships in her final Husky meet.

Follow along on GoHuskies.com all week for blog posts, video interviews, and daily recaps. Live results can be found on Arkansas' website, www.arkansasrazorbacks.com.

HUSKY TRACK SCHEDULE

Indoor

Date	Meet	Location
Dec. 6, 2008	UW Winter Preview	Seattle
Jan. 17	UW Indoor Preview	Seattle
Jan. 30-31	UW Invitational	Seattle
Feb. 14	The Husky Classic	Seattle
Feb. 15	UW Indoor Open	Seattle
Feb. 27-28	MPSF Championships	Seattle
Mar. 7	UW Last Chance Qualifier	Seattle
Mar. 13-14	NCAA Championships	College Station, Texas

Outdoor

Date	Meet	Location
Mar. 27-28	Stanford Invitational	Palo Alto, Calif.
Apr. 4	Jim Click Shootout	Tucson, Ariz.
Apr. 10-11	Sun Angel Classic	Tempe, Ariz.
Apr. 16-18	Mt. SAC Relays	Walnut, Calif.
Apr. 24	Penn Relays	Philadelphia, Penn.
Apr. 24-25	Oregon Relays	Eugene, Ore.
May 2	vs. Washington State	Seattle
May 8	Ken Shannon Invitational	Seattle
May 9-10	Pac-10 Multi-Events	Eugene, Ore.
May 16-17	Pac-10 Championships	Eugene, Ore.
May 29-30	NCAA West Regional	Eugene, Ore.
June 11-14	NCAA Championships	Fayetteville, Ark.

Bold font indicates Husky home meet, at either Dempsey Indoor (indoor) or Husky Stadium (outdoor).

2009 USTFCCA Outdoor Rankings

Men			Women		
1	Texas A&M	335.90	1	Texas A&M	293.16
2	Oregon	271.70	2	Oregon	248.22
3	Florida	253.60	3	LSU	239.67
4	Arkansas	250.13	4	Arizona State	211.99
5	LSU	212.50	5	Tennessee	203.40
6	South Carolina	200.20	6	Florida State	192.07
7	USC	177.33	7	USC	188.32
8	Stanford	161.81	8	Penn State	159.72
9	Nebraska	155.92	9	Baylor	158.21
10	Arizona State	149.70	10	Texas	156.68
11	Kentucky	136.91	11	Michigan	143.85
12	Florida State	132.19	12	UCLA	140.35
13	Mississippi St.	124.64	13	Miami (Fla.)	137.17
14	Texas	124.52	14	Florida	131.55
15	Auburn	110.74	15	Washington	116.23
16	Minnesota	110.43	16	UTEP	115.54
17	Kansas State	110.00	17	Oklahoma	115.34
18	Texas Tech	104.84	18	Arkansas	115.04
19	Baylor	102.48	19	Nebraska	112.43
20	Georgia	97.05	20	Auburn	101.15
21	Washington	92.84	21	Illinois	100.84
22	Arizona	92.60	22	Virginia Tech	100.78
23	California	90.45	23	Indiana	96.56
24	Boise State	89.51	24	BYU	95.03
25	Washington St.	89.23	25	Stanford	89.22

HUSKY TRACK QUICK FACTS

University of Washington
Athletic Department, Box 354070
Seattle, WA 98195-4070

Enrollment:..... 42,000 (31,400 undergraduate)
Founded:..... Nov. 4, 1861
President:..... Mark Emmert
Director of Athletics:..... Scott Woodward
Nickname:..... Huskies
Colors:..... Purple and Gold
Home Facility:..... Dempsey Indoor/Husky Stadium
Press Row Phone:..... (206) 714-5556
Conference:..... Pacific-10 (Outdoor) / MPSF (Indoor)
Head Coach:..... Greg Metcalf (7th year)
Asst. Coach (Vault/Jumps):..... Pat Licari (12th year)
Asst. Coach (Throws):..... Reedus Thurmond (3rd year)
Asst. Coach (Sprints/Hurdles):..... Raul Sheen (1st year)
Asst. Coach (Distances):..... Jimmy Bean (3rd year)
Asst. Coach (Distances):..... Kelly Strong (7th year)

Website: www.GoHuskies.com

2009 Men's MPSF Finish:..... 6th
2009 Men's NCAA Indoor Finish:..... 33rd (tie)
2009 Men's Pac-10 Finish:..... 9th
2008 Men's NCAA Outdoor Finish:..... 16th / 10th
Best Men's Pac-10 Finish:..... 2nd (1976)
Best Men's MPSF Finish:..... 1st (2007, 2006)
Best Men's NCAA Finish:..... 2nd (1929, 1930)
Men's 2008 NCAA Competitors Returning:..... Seven
Austin Abbott (800m)
Jordan Boase (400m, 4x100m)
Ryan Hamilton (4x100m)
Jared O'Connor (pv)
Scott Roth (pv)
Jake Schmitt (10000m)
Joe Turner (4x100m)

2009 Women's MPSF Finish:..... 5th
2009 Women's NCAA Indoor Finish:..... 35th (tie)
2009 Women's Pac-10 Finish:..... 6th
2008 Women's NCAA Outdoor Finish:..... DNS
Best Women's Pac-10 Finish:..... 4th (1995, '96, '98)
Best Women's MPSF Finish:..... 1st (1996)
Best Women's NCAA Finish:..... 10th (1988)
Women's 2008 NCAA Competitors Returning:..... Three
Falesha Ankton (100m HH, DMR)
Andrea Brown (DMR)
Katie Follett (mile, 1500m)

Husky Athletic Communications

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EVENT SCHEDULE: Following are the event times for all events featuring Husky athletes. All times listed are Central.

Wednesday, June 10

10:30 a.m.	Hammer Men Qualifying
1:00 p.m.	Hammer Women Qualifying
4:30	Pole Vault Men Qualifying
5:15	4 x 100 Relay Men Semifinal
5:30	Javelin Women Qualifying
7:15	400 Meters Men First Round
7:15	Pole Vault Women Qualifying
7:50	3000 Steeplechase Women Semifinal
8:00	Javelin Men Qualifying
8:40	5000 Meters Women Semifinal

Thursday, June 11

7:55 p.m.	1500 Meters Women Semifinal
8:10	1500 Meters Men Semifinal
8:55	10,000 Meters Women Final
9:45	10,000 Meters Men Final

Friday, June 12

(Television 6:00 – 9:00 p.m.)

11:00 a.m.	Hammer Women Final
1:00 p.m.	Hammer Men Final
3:45	Pole Vault Men Final
5:30	Javelin Women Final
6:15	4 x 100 Relay Men Final
6:25	3000 Steeplechase Women Final
7:00	Pole Vault Women Final
7:25	400 Meters Men Semifinal
7:30	Javelin Men Final
8:15	5000 Meters Women Final

Saturday, June 13

(Television 12:00 – 2:00 p.m.)

12:12 p.m.	400 Meters Men Final
1:09	1500 Meters Women Final
1:21	1500 Meters Men Final
1:45	4 x 400 Relay Men Final

NCAA SELECTION PROCESS: Automatic NCAA Championships berths were granted to the top-five finishers in each individual event, and top-three relays, from each of the four Regionals contested nationwide May 29-30. Athletes qualified for Regionals by meeting pre-determined standards, or by winning their conference title. The NCAA supplemented the Championships field with the highest-ranking competitors (6-7 per individual event and 5-6 per relay) from the national performance lists, provided the athlete competed in their event at a Regional meet and was not among the finishers to earn automatic berths. The lone exceptions are the 10,000 meters and multi-events, in which athletes qualify directly for the NCAA Championships by meeting provisional and automatic standards.

LAST YEAR AT NCAA OUTDOORS: The Washington men's track and field team placed 16th in the final standings at the 2008 NCAA Championships at Drake Stadium. Washington finished with 19.33 points, its most at NCAA's since 1983, and coupled with last year's 15th-place finish, the Huskies have now had back-to-back Top-20 finishes for the first time since 1978-79. The Husky women did not score for the first time since 2002, but senior **Amanda Miller** made sure the women did not go home empty-handed, as she earned All-America honors in the 1500-meters. The men's team produced six All-America performances, led by junior **Jared O'Connor** continuing his amazing run that began with a West Regional title and ended in a second-place tie in the pole vault. Windy conditions bothered the field but O'Connor cleared each of his heights on first attempts. Senior **Norris Frederick** ended his career as one of the most decorated Huskies in history, as he once again added All-America honors in the long and high jumps, the only jumper in the country to achieve the double feat. Frederick's nine All-America honors tied Ryan Brown for second-most in UW history, behind only the 10 of Ja'Warren Hooker. Senior **Carl Moe** also ended his career with a PR and his first individual All-America honor, as he placed eighth in the steeplechase. Junior **Jordan Boase** closed out his historic season with a fourth-place finish in the 400m dash. Boase was running sixth with 150 meters to go before he unleashed his finishing kick, pulling closer with each second until he crossed alongside Baylor's LeJerald Betters just behind the top two. Both Boase and Betters ran 44.83, but taken out to thousandths of a second, Betters finished in 44.825 and Boase was fourth in 44.828. In the men's 800m final **Austin Abbott** made a move over the final 200 meters but did not have quite enough to pick off as many runners as he had in the early rounds, and settled for seventh in a time of 1:48.46. He added a fifth All-America honor to his growing list of achievements, and his first since the 2007 Indoor meet. Miller closed out her outstanding track career with an 11th-place finish in the 1500m run. As the seventh-placing American, Miller qualifies for her fourth career All-American honor. The quick pace left Miller in the second pack, but she closed well and finished in 4:20.71. Her fourth All-America honor came at the third different distance of her career, following awards for the 800-meters and mile run. It also helped wipe away the disappointment of the preliminary rounds, where **Katie Follett** and **Michelle**

Turner, the top-two 1500m finishers in the West Region, were unable to advance to the final after getting obstructed by a crash in front of them. The 16th-place finish for the men also helped erase a disappointing ninth-place finish at Pac-10's. At NCAA's, the Huskies ranked fourth among Pac-10 schools, finishing ahead of Washington State (23rd), Arizona (23rd), UCLA (34th), Stanford (56th), and California (71st).

REGIONAL RECAP: A trio of Pac-10 champs added Regional titles to their trophy cases as a total of 14 Huskies grabbed national championship bids over the two days of the NCAA West Regionals at Oregon's Hayward Field. Several Huskies earned dramatic and unexpected berths in NCAA's, along with several top-ranked Huskies who delivered on their seeding. Taking home Regional titles were senior **Jordan Boase** in the 400-meters, sophomore **Scott Roth** in the pole vault, and redshirt freshman **Mel Lawrence** in the steeplechase, all of whom were also Pac-10 titlists just two weeks prior. The performance of the meet came from senior vaulter **Andrea Peterson**, who was seeded just 17th coming in to what was potentially her final competition with a best clearance of 13-0 1/4. Peterson went on to PR on consecutive vaults, clearing 13-9 3/4 to wind up second overall and earn her first trip to NCAA's. That mark was the second-best in school history. The next Huskies to outperform their seeds was the men's 4x100m relay comprised of junior **Jeff Gudaitis**, and seniors **Kenjamine Jackson**, **Randy Bacon**, and **Joe Turner**. Fifth at Pac-10's and seeded sixth coming in, the quartet ran a season-best 40.18 in the final to place third and earn the final NCAA spot. This will be the second-straight year that the men's 4x1 travels to nationals, although Turner is the only sprinter to run on both units. Gudaitis then came back later in the day to place fourth in the 400m dash final and qualify in that event as well by upsetting several runners with faster PRs. Probably the most dramatic qualifier was junior **Zack Midles**, who was sixth in the hammer entering his final throw, and needed an improvement to continue his season. Midles came through with a mark of 210-9 that jumped him into fourth and on to his first NCAA meet. Women's weight throw All-American **Elisa Bryant** also earned her first NCAA Outdoor trip with a fifth-place women's hammer finish, and sophomore **Kyle Nielsen** was fifth as well in the javelin. In the women's 5k, **Katie Follett** and **Anita Campbell** were second and fourth, respectively, and senior **Jared O'Connor** won a jump-off for the final auto spot in the pole vault with a new PR of 17-7.

HUSKIES COLLECT FIVE PAC-10 TITLES: Washington athletes turned in a slew of historical performances at the 2009 Pac-10 Championships at Oregon's Hayward Field, with five athletes taking conference crowns, the most since UW also won five titles in 1998. Sophomore **Scott Roth** started things off with a dominant win in the pole vault. He set a new PR of 18-4 1/2, the second-best vault in the NCAA this year and second-best in UW history. Then UW's women's distance stars claimed the spotlight with runaway wins of their own. Redshirt freshman **Mel Lawrence** won the steeplechase in a Pac-10 meet record time of 9:54.13, more than 20 seconds ahead of the runner-up. The former meet record belonged to current Husky assistant coach Kelly Strong from her days at Arizona State. Shortly thereafter, junior **Anita Campbell** claimed her first Pac-10 title in the 10,000-meters, crushing the field by a full minute. The next day UW added two more titles. Senior **Jordan Boase** rolled to a win in the 400-meter dash in 45.64 seconds, then junior **Katie Follett** successfully defended her Pac-10 1,500m title, edging Stanford's Alicia Follmar at the line by 0.04 seconds. Follett becomes the first Husky woman ever to win back-to-back Pac-10 titles in any event. The wins for Boase and Lawrence were also the first ever for Washington in those events. The Husky women had not won a conference title in a running event from 2002-07, but now have earned four in the past two years. Other performances of note included third-place finishes for junior **Zack Midles** in the hammer throw and freshman **Christine Babcock** in the 800-meters. **Jared O'Connor** was fourth in the pole vault, and **Kyle Nielsen** took fourth in the javelin. In the women's throws, **Elisa Bryant** was fifth in the women's hammer as was **Brooke Pighin** in the javelin. Freshman **Jeremy Taiwo** had a tremendous third-place finish in the decathlon one week earlier, scoring 7,299 points to put himself in contention for an NCAA bid.

PAC-10 PROWESS: While UW's teams have never claimed a Pac-10 title outright, Washington does have an impressive string of 10 consecutive seasons with at least one individual title. The run was extended with ease this year as the Huskies captured five individual crowns, its most since 1998. That 10-year streak is Washington's longest-ever run of individual champions, besting a seven-year run from 1974-1980, highlighted by Scott Neilson's four titles in the hammer. Washington athletes have combined for 22 Pac-10 titles over the 10 years of the streak, with the single-season high coming this year.

HUSKIES IN THE RANKINGS: The final USTFCCA rankings before NCAA's were released on Monday, with the Washington men coming in at No. 21 and the women sitting at No. 15. These last rankings are based solely on the declared start lists for NCAA Outdoors, and assign points to the athletes to estimate their likelihood of scoring points at NCAA's. In individual events, **Scott Roth** is the highest-ranked Husky, currently second nationally in the pole vault with a best clearance of 18-4 1/2. **Mel Lawrence** has the nation's fourth-best steeplechase time on the women's side of 9:52.77. Several other Huskies are currently ranked in the Top-10 in their events entering nationals. **Jordan Boase** ranks 10th nationally in the 400-meter dash, sophomore **Kyle Nielsen** ranks seventh in the javelin throw (239-2), **Katie Follett** (15:48.72) sits third in the 5,000-meter run, and **Anita Campbell** has the eighth-best mark (33:40.22) in the 10,000m. **Christine Babcock's** best 1,500m time (4:16.50) ranks eighth and **Jared O'Connor** (17-7) is tied for 10th in the pole vault.

HUSKIES MAKE STATEMENT AT PENN RELAYS: In its first trip to the legendary Penn Relays in 16 years, the UW track and field team picked up second- and third-place finishes in its two relays on April 17 at University of Pennsylvania's Franklin Field. Washington had not sent a squad to Penn since 1993, head coach Greg Metcalfe's senior season at UW. First up was the Women's 4x1500-meter Championship of America, featuring the Husky quartet of juniors Kailey Campbell and Katie Follett, redshirt freshman

2009 HUSKY OUTDOOR STATISTICAL LEADERS

Women's		
100m Dash	Dominique Lauderdale	11.91
200m Dash	Falesha Ankton	24.52
400m Dash	Jordan Carlson	56.13
800m Run	Katie Follett	2:06.07
1500m Run	Christine Babcock	4:16.50
5000m Run	Anita Campbell	15:45.85
10000m Run	Anita Campbell	33:40.22
3000m Steeple	Mel Lawrence	9:52.77
100m Hurdles	Falesha Ankton	13.46
400m Hurdles	Syreeta Martin	1:01.09
4x100m Relay	Ankton/Lauderdale/ Carlson/Greene	45.88
4x400m Relay	Martin/Glass/ Ankton/Carlson	3:47.34
High Jump	Kelly McNamee	5-8 3/4
Pole Vault	Andrea Peterson	13-9 3/4
Long Jump	Taylor Nichols	18-8 1/2
Triple Jump	Taylor Nichols	39-8w
Shot Put	Elisa Bryant	42-8
Discus	Elisa Bryant	165-2
Hammer	Elisa Bryant	190-6
Javelin	Brooke Pighin	168-11
Heptathlon	Liz Fuller	4,844
Men's		
100m Dash	Joe Turner	10.52w
200m Dash	Jordan Boase	20.61
400m Dash	Jordan Boase	45.64
800m Run	Austin Abbott	1:49.18
1500m Run	Austin Abbott	3:41.62
5000m Run	Jake Schmitt	14:03.95
10000m Run	Jake Schmitt	28:53.99
3000m Steeple	David McCary	9:17.74
100m Hurdles	Gregger Highberg	16.92
400m Hurdles	Miles Timpe	53.17
4x100m Relay	Gudaitis/Jackson Bacon/Turner	40.18
4x400m Relay	Timpe/Abbott/ Gudaitis/Govier	3:14.14
High Jump	No competitors	
Pole Vault	Scott Roth	18-4 1/2
Long Jump	Jeremy Taiwo	23-2w
Triple Jump	Jeremy Taiwo	49-4 1/4
Shot Put	Daniel Te'o-Nesheim	52-10 1/4
Discus	Zack Midles	167-5
Hammer	Zack Midles	211-6
Javelin	Kyle Nielsen	239-2
Decathlon	Jeremy Taiwo	7,299

Mel Lawrence, and true freshman Christine Babcock on the anchor. Campbell opened with a 4:18 split, putting UW right in the mix. Follett then took the baton and turned in her best showing of the season with a 4:16 split, as she took over the lead over the final 20 meters and handed off to Lawrence in first place. Lawrence held the lead for much of the third leg, but Georgetown and Tennessee put on a kick and opened up a small lead heading into the final leg. Lawrence still ran 4:20 for her leg, a four-second PR. On the anchor leg, Tennessee and Georgetown both sported multiple-time All-American seniors, while Babcock was running just her third college 1,500m. Babcock pulled away from Villanova, but Tennessee's Sarah Bowman led the Vols to the win in 17:08.34 followed by Georgetown in 17:11.80, and then the Huskies in 17:14.55. All three teams broke the previous meet record of 17:15.62 set by Michigan in 2007. Several hours later, it was time for the Men's Sprints Medley Championship of America, featuring four Husky seniors: Joe Turner, Kenjamine Jackson, Jordan Boase, and Austin Abbott. Turner and Jackson ran well over the first two 200m legs, but it was Boase who shocked the onlookers when he went into overdrive and powered from the back of the pack all the way into first place for the hand-off to Abbott. Abbott led early on the final leg, before letting Tennessee's Joe Franklin move in front and sticking right behind him. Abbott looked in good position for his patented finishing kick, but Franklin was very strong and was able to hold off Abbott, as Tennessee thwarted UW again for the win in 3:17.77. Abbott and the Huskies finished second in 3:18.81, ahead of Albany, and two-time defending champion LSU which took fourth.

CAMPBELL RETURNS TO TOP FORM: Washington junior distance standout **Anita Campbell** suffered through a challenging 2008, where injuries forced her to redshirt the track season despite coming off a career-best 20th-place finish at the 2007 cross country championships. Campbell came back this past fall to help lead the team to its first national title in cross country, and she earned First Team All-Pac-10 honors in her final season. Though her cross country career came to a close, Campbell has looked stronger than ever this track season, and she still has one to come in 2010. This season Campbell has added the 10k to her workload, and made it look easy thus far. The Vancouver, B.C. native decimated the field at the Pac-10 Championships, winning the 10k title by a full minute and is all but assured of an NCAA berth in the 10k. Campbell was also named the Pac-10 Women's Track Athlete of the Week for the week of April 13-19. She was the first Husky woman to win the weekly award in four years. Campbell ran her first 5,000-meters outdoors since the 2007 season on April 17 at the Mt. SAC Relays, and crossed the line in 15-minutes, 45.85-seconds, the second-fastest time in Washington history. The time was a 15-second personal best. Campbell and Wisconsin's Gwen Jorgensen are the only two women that rank in the Top-10 in the NCAA at both 5k and 10k distances. Campbell already set the indoor school record earlier this year in a time of 16:09.26 and went on to place 13th at NCAA Indoors. Campbell is the first Husky woman to earn Pac-10 Athlete of the Week recognition since five-time All-American sprinter and hurdler Ashley Lodree won the honor on April 25, 2005. Three-time Olympian Aretha (Hill) Thurmond is the only other UW woman to win the award. A total of fourteen Huskies have combined to win the award on nineteen occasions, with senior sprinter Jordan Boase the most recent recipient in 2008.

BOASE FOCUSED ON FINAL GOAL: Few could have predicted the season that awaited **Jordan Boase** heading into 2008, when the two-time All-American in the 4x400m relay returned to the team after a year off from the sport. Even after Boase started the year by breaking the indoor school record in the 400-meters, and placing third at the NCAA Indoor Championships, he still remained something of an unknown nationally. That all changed at the Sun Angel Classic in April in Tempe, when Boase took over the NCAA lead with a school record 44.82, which was the second-fastest run in the world at the time. Boase would go on to battle USC's senior sprinter Lionel Larry, with Larry getting the edge for the Pac-10 title as both went under 45-seconds. The Bothell, Wash. native also ran the lead-off leg for UW's 4x100m relay, which won the Pac-10 title for the first time in program history, and qualified for nationals. At the national meet, Boase placed fourth in an extremely fast 400m final, running 44.83 despite having been limited in training by an injury. Boase went on to make the semifinals of the U.S. Olympic Trials, before a painful blister stopped him one race short of the final. But a fully healthy Boase is coming off another outstanding indoor season and will be hunting for his first national title outdoors this spring. Boase ran an indoor PR of 46.09 seconds to win his second straight MPSF 400-meter title, and headed to NCAA Indoors as one of the clear favorites. Boase won his preliminary heat with ease, but in the final he was assigned to the outside lane and just beaten to inside position when the lanes converged. Trapped in third, Boase had to slow down to move around one competitor, and was unable to track down the winner of the heat. The winner, Michael Bingham of Wake Forest, actually came out of the first heat, and Boase settled for third for the second straight year. Outdoors Boase has yet to be pushed, but claimed the Pac-10 title at 400-meters in 45.64 seconds which ranks him in the Top-10 again this season. He followed that with his first West Regional win and will be among the favorites in Fayetteville.

ABBOTT POSITIONED FOR FINISHING KICK: The most decorated current Husky in terms of All-American honors this season is senior **Austin Abbott**, a native of Chehalis, Wash. who will go down as one of the greatest mid-distance runners in school history with a strong final season. Abbott has added to his legacy this this season by breaking the school mile record and submitting the second-best 1,500-meter time in school history outdoors. At the UW Last Chance Meet, in his final appearance in the Dempsey Indoor as a Husky, Abbott ran 3:58.23 to break the school record in the mile run. Abbott was already one of just three four-minute milers in Washington history, but he overtook the marks set by Eric Garner (3:58.93; 2002) and Greg Gibson (3:59.24; 1974) with a powerful finishing kick. Garner was running in the very same heat, competing for Brooks Eastside, and finished in 4:00.66. Gibson was also on hand to witness the record-setting run, and the three gathered for a photo after the race. Abbott has five All-America awards to his name, three coming as part of UW's distance medley relay, which placed fifth at NCAA's in 2005, 2006, and 2007. Abbott also took fourth in the 800-meters indoors in 2007. But following his best individual finish, Abbott was hampered by injury and only competed once on the track over the next year. It was not until the 2008 Pac-10 Championships that Abbott would get back to his old form, as he broke a longstanding personal-best in the 800, running 1:48.14 for a fourth-place finish. Abbott went on to the NCAA Outdoor Championships, where he placed

2009 HUSKY NCAA CHAMPIONSHIP COMPETITORS

Men	Event	2008 Best Mark	NCAA Seeding	Regional Finish	Year	Hometown
Austin Abbott (5)	1,500m	3:41.62	11th	5th	Sr.	Chehalis, Wash.
Christine Babcock (2)	1,500m	4:16.50	8th	7th	Fr.	Irvine, Calif.
Randy Bacon	4x100m Relay	40.18	18th	3rd	Sr.	Tacoma, Wash.
Jordan Boase (5)	400m	45.64	10th	1st	Sr.	Bothell, Wash.
Elisa Bryant (1)	Hammer	190-6	24th	5th	So.	Seattle, Wash.
Anita Campbell (1)	10,000m	33:40.22	8th	--	Jr.	Vancouver, B.C.
Kailey Campbell (1)	1,500m	4:18.43	14th	9th	Jr.	Seattle, Wash.
Katie Follett (5)	5,000m	15:48.72	3rd	2nd	Jr.	Fort Collins, Colo.
Jeff Gudaitis	400m	47.17	26th	4th	Jr.	Tacoma, Wash.
	4x100m Relay	40.18	18th	3rd		
Kenjamine Jackson	4x100m Relay	40.18	18th	3rd	Sr.	Seattle, Wash.
Mel Lawrence (1)	Steeplechase	9:52.77	4th	1st	RFr.	Reno, Nev.
Zack Midles	Hammer	211-6	21st	4th	Jr.	Olympia, Wash.
Kyle Nielsen	Javelin	239-2	7th	5th	So.	Langley, B.C.
Jared O'Connor (1)	Pole Vault	17-7	10th (tie)	5th	Sr.	Clifton Park, N.Y.
Andrea Peterson	Pole Vault	13-9 3/4	12th (tie)	2nd	Sr.	Bonney Lake, Wash.
Brooke Pighin	Javelin	168-11	15th	12th	So.	Port Alberni, B.C.
Scott Roth (2)	Pole Vault	18-4 1/2	2nd	1st	So.	Granite Bay, Calif.
Jake Schmitt (1)	10,000m	28:53.99	21st	--	Jr.	Kentfield, Calif.
Joe Turner	4x100m Relay	40.18	18th	3rd	Sr.	Fresno, Calif.

() - Indicates All-American honors won, including cross country 10,000-meter selections based on times, not held at Regionals.

2009 UPDATES TO UW'S ALL-TIME OUTDOOR TRACK & FIELD TOP-10 LISTS

Men					Women				
Name	Event	Mark	All-Time UW Rank	School/Old Record	Name	Event	Mark	All-Time UW Rank	School/Old Record
Austin Abbott	1,500m	3:41.62	2nd	3:39.89 (1987)	Mel Lawrence	Steeplechase	9:52.77	1st	10:33.28 (2004)
Scott Roth	Pole Vault	18-4 1/2	2nd	18-6 1/2 (2003)	Elisa Bryant	Hammer	190-6	1st	189-9 (2003)
Jake Schmitt	10,000m	28:53.99	3rd	28:34.54 (2001)	Anita Campbell	5,000m	15:45.85	2nd	15:35.60 (1982)
Kyle Nielsen	Javelin (new)	239-2	3rd	249-6 (1989)	Andrea Peterson	Pole Vault	13-9 3/4	2nd	14-2 (2004)
Zack Midles	Hammer	211-6	4th	238-7 (1978)	Brooke Pighin	Javelin (new)	168-11	2nd	173-7 (2004)
Jeremy Taiwo	Decathlon	7,299	6th	8,322 (1986)	Katie Follett	800m	2:06.07	3rd	2:05.73 (1987)
Jared O'Connor	Pole Vault	17-7	8th	18-6 1/2 (2003)	Katie Follett	5,000m	15:48.72	3rd	15:35.60 (1982)
Ryan Vu	Pole Vault	17-6 1/2	9th	18-6 1/2 (2003)	Kailey Campbell	800m	2:06.51	4th (tie)	2:05.73 (1987)
Jake Schmitt	5,000m	14:03.95	10th	13:40.61 (2001)	Anita Campbell	3,000m	9:23.42	4th	8:55.05 (1982)
Angus Taylor	Hammer	195-4	10th	238-7 (1978)	Mel Lawrence	5,000m	15:50.36	4th	15:35.60 (1982)
					Anita Campbell	10,000m	33:40.22	4th	33:13.45 (1983)
					Christine Babcock	800m	2:06.55	6th	2:05.73 (1987)
					Christine Babcock	1,500m	4:16.50	6th	4:10.93 (2003)
					Allison Linnell	3,000m Steeple	10:44.96	6th	10:33.28 (2004)
					Ankton/Lauderdale/ Carlson/Greene	4x100m Relay	45.88	7th	44.74 (1985)
					Kelly McNamee	High Jump	5-8 3/4	7th (tie)	6-2 3/4 (1987)
					Lara Jones	Pole Vault	13-3 1/2	7th	14-2 (2004)
					Elisa Bryant	Discus	165-2	7th	215-3 (1998)
					Dominique Lauderdale	100m	11.91	9th	11.47 (1985)
					Kailey Campbell	1,500m	4:18.43	9th	4:10.93 (2003)
					Kenn Patrick	5,000m	16:28.11	9th	15:35.60 (1982)
					Lauren Saylor	10,000m	34:42.10	9th	33:13.45 (1983)
					Falesha Ankton	200m	24.52	10th	23.40 (1983)
					Amanda Stopa	3,000m Steeple	11:09.94	10th	10:33.28 (2004)

seventh to earn his fifth All-American honor and first in more than a year. He focused on the 800-meters for the majority of this indoor season, and was ranked in the top-10 with an indoor PR of 1:48.56, but chose to run the mile at NCAA Indoors after his record-setting run. Abbott found himself out of his comfort zone at Nationals, up front and setting the pace rather than hanging back and waiting to kick, and he failed to make the final. However, Abbott bounced back in short time at the start of the outdoor season, as he won the top 1,500-meter race at the Stanford Invitational on March 27, running 3:41.62, which was the fastest performance by a Husky since Bruce Stirling set the school record of 3:39.89 in 1987. Abbott's time still ranks 11th in the NCAA this outdoor season.

FOLLETT ADJUSTS ON THE RUN: Katie Follett has quietly racked up a total of five All-American awards over just the past two years over both track and cross country. Follett ranks in UW's all-time Top-10 in the 800-meters, 1,500-meters, mile run, 3,000-meters and 5,000-meters, and this season became the first Husky woman ever to win back-to-back Pac-10 Championships, as she successfully defended her 1,500-meter crown in May at Oregon. Follett was not favored heading into the final, but controlled the pace from the front throughout, then broke into a full sprint on the backstretch and held off Stanford's Alicia Follmar as the two were nearly neck-and-neck the entire final 200-meters. Typifying her do-it-all nature, Follett won't even contest the 1500 at Nationals, choosing to move up to the 5k where she ranked in the top-five much of the year with a PR of 15:48.72. The Fort Collins, Colorado junior has earned All-America honors the past two years in cross country (19th in 2007 and 26th in 2008) and earned indoor track All-America honors in the mile run, 3,000-meters, and distance medley relay. The only missing piece from that puzzle is upcoming this week, as she looks for her first All-America honor in outdoor track.

LAWRENCE EMBRACES STEEPLECHASE: What a difference a year can make. At this time last year, Mel Lawrence was on the sidelines, redshirting her freshman track season with an injury. In the fall of 2007, Lawrence was one of the top freshmen in the Pac-10 during the cross country season, earning All-Pac-10 Second Team and helping the Huskies to eighth at NCAAs. It turned out to be just a hint at what was to come. Despite the redshirt season, Lawrence came back in the fall of 2008 vastly improved. The Reno, Nevada native ran second or third for UW at every meet, including a runner-up finish at the Pac-10 Championships, and earned All-America honors for a 25th-place finish at NCAAs as the Huskies took the team title. Now with her first track season nearing conclusion, it seems almost unfair that Lawrence is just a redshirt freshman. She set the school indoor 3k record in 9:08.50, and placed 12th in the event at NCAAs. Outdoors she has found success at every distance from 1500m to 5000m, and sandwiched between the two is the 3000m steeplechase. Lawrence was the junior national champion in the steeplechase in 2006 and this outdoor season has picked up where she left off. It took Lawrence only one attempt at the steeple to smash the school record, which she did in the WSU dual meet, running xxxx. Her next steeple, just the second of her college career, came at the Pac-10 Championships in Eugene. Lawrence opened up an early lead, but was briefly passed halfway through the race by USC's Zsafia Erdelyi. Little did Erdelyi know that Lawrence was targeting the last thousand meters to really accelerate. Her lead did not last a full lap, and Lawrence went on to break 10-minutes for the first time, running 9:54.xx to claim UW's first Pac-10 title in the event. Lawrence also got the added bonus of breaking the Pac-10 meet record, which belonged to none other than Husky assistant coach Kelly Strong from her days at Arizona State. Two weeks later, Lawrence was back at Hayward Field, and cruised to

another win, making her three-for-three in steeple wins, and lowering her PR once more to 9:52.77. At NCAAs, Lawrence will face perhaps the best athlete in the entire meet, Colorado Olympian and American record-holder Jenny Barringer, so a fourth-straight win will be hard to come by, but again, she's just a freshman. Sometimes reminders are necessary.

THROWING UNIT TAKES FLIGHT: Owning the most storied tradition of possibly any unit at Washington, this year's corps of throwers has shown major progress from a year ago and looks poised to add its own chapter to a legacy that includes numerous Olympians, All-Americans, and National and Pac-10 Champions. During the indoor season, sophomore **Elisa Bryant** became UW's first ever women's weight throw All-American, as she took eighth-place with a lifetime-best and school-record toss of 65-8 3/4. A Regional qualifier in the hammer throw last year as a freshman, Bryant broke the school record with a major PR at the UW-WSU dual meet, throwing 190-6. She has continued to develop in the discus as well, and earned her first Regional mark in that event with a PR of 165-2. Washington's biggest improvement in any event this year might be in the javelin, where sophomores **Kyle Nielsen** and **Brooke Pighin** have each rocketed up among the nation's elite in their first few outings this year. Nielsen, a native of Langley, B.C., made Regionals last season as a freshman, but smashed his personal best throw in each of his first two competitions this year. Nielsen went 225-11 at the Stanford Invite, a PR by 13 feet, and followed that up with a mark of 239-2 at the Jim Click Shootout. Nielsen currently ranks seventh nationally and leaped up to third in the UW Top-10 lists, ahead of former All-Americans and Pac-10 Champions. Pighin, a transfer from Fresno State, has immediately filled a major need for the women. Like Nielsen, Pighin is a British Columbian, coming from Port Alberni, and made Regionals as a freshman. Pighin set a new personal-best at the UW-WSU dual, throwing 168-11, which was the second-best throw by a Husky in the past 10 years and currently ranks her 15th nationally. The men's hammer throw continues to be another major strength for UW, as junior **Zack Midles** (Olympia, Wash./Capital) earned his first career NCAA bid at Regionals, jumping from sixth to fourth on his final throw to get the auto nod. Midles' best throw of 211-6 ranks fourth in UW history. He repeated his third-place finish in the hammer at Pac-10's last month. Freshman **Angus Taylor** (Richmond, B.C./Vancouver College Prep) also qualified for Regionals in his first year on Montlake. After missing out on the 2008 outdoor meet altogether, Washington will now have four throwers at nationals in 2009.

FIVE VAULTERS VIE FOR NATIONALS: Washington has been a consistent national pole vault power under coach Pat Licari, producing two national champions, eight different All-Americans, and American record-holder and 2008 Olympian Brad Walker. Two of those eight All-Americans are currently honing their craft on this year's squad and rank among the nation's best yet again. Sophomore **Scott Roth**, a two-time All-American as a freshman in 2007, is back from injury and vaulting higher than ever before. He took his collegiate career to yet another level by winning the Pac-10 Championships with a new PR of 18-4 1/2 that ranks second nationally and is the second-best vault in UW history behind only Walker. At Pac-10's, Roth had the bar raised to 18-9 after he clinched the win, but a gust of wind dislodged the bar just as he was going up for his attempt, and he checked his vault and came down on the ground. Roth was alright but chose to pass on his remaining attempts. Still, he has his eyes on record-setting heights. Returning to nationals for the second straight year is senior **Jared O'Connor**, the 2008 NCAA Outdoor Runner-Up and '08 West Region Champion. O'Connor had a lifetime-best clearance of 17-7 at this year's Regionals, winning a jump-off for the fifth

and final qualifying spot. While big things were expected from that All-American duo, senior **Andrea Peterson** is surely one of the biggest surprises among the NCAA field. Peterson was vaulting well, scoring at the Pac-10 meet for the first time with a season-best of 13-0 1/4, but her career looked likely to finish at Regionals where she was seeded 17th. That was until Peterson PR'd on consecutive vaults and wound up second at 13-9 3/4, which was the second-best vault in school history. Now the senior will make her first NCAA appearance her final Husky competition, and has incredible momentum on her side. Two more vaulters joined the Husky Top-10 ranks this season despite just missing out on nationals. Junior **Ryan Vu** set a huge PR at the WSU dual. Vu hit new PR's multiple times in the same day, winding up at 17-6 1/2, a foot higher than his previous best and ninth-best in school history. On the women's side, transfer student **Lara Jones** had never cleared 13-feet in her career before coming to UW this season. Jones since up and over 13-3 1/2 outdoors, the seventh-best mark in school history. She was likely one bar away from NCAA's at Regionals, placing 10th.

2009 INDOORS IN REVIEW: The NCAA Indoor Championships on March 14 put the capper on another outstanding indoor track and field campaign for the Huskies. With six collegiate meets at UW's Dempsey Indoor facility, Washington was once again one of the focal points of the national indoor track scene. Many of the fastest times in America were turned in at the Dempsey, with Husky athletes contributing a good number themselves. A whopping 36 new times or marks were written into the UW indoor Top-10 lists this season, with seven new school records. Washington sent 12 athletes to the NCAA Indoor meet in College Station, Texas, and they returned to Seattle with nine All-America honors between them. UW's indoor All-Americans included: senior **Jordan Boase**, who took third in the 400m for the second straight year; **Katie Follett** who took fifth in the 3K; **Elisa Bryant**, eighth in the weight throw in her first NCAA meet; the eighth-place women's DMR comprised of **Christine Babcock**, **Falesha Anktou**, **Kailey Campbell**, and Follett; **Jake Schmitt**, ninth in the 5K to earn his first All-America award; and freshman Jeremy Taiwo, who was 12th in the heptathlon just three months into his college career. Both teams scored six points at Nationals, which put the men in a tie for 33rd and the women in a tie for 35th. Once again Washington played host to the Mountain Pacific Sports Federation (MPSF) Championships with the men placing sixth, though just four points out of second, and the women taking fifth, but only six points from third. UW earned four titles at the MPSFs, including Boase with a win in the 400m. Schmitt in the 5K, Taiwo in the heptathlon, and the women's distance medley relay. Highlighting the school record showings was senior **Austin Abbott** in the mile run. Abbott went 3:58.23 at the Last Chance Meet to break Eric Garner's school record, with Garner running in the same heat. Other records were set by Boase in the 400m (46.09), Taiwo in the heptathlon (5,559), **Mel Lawrence** in the 3K (9:08.50), **Anita Campbell** in the 5K (16:09.26), the women's DMR (11:05.80), and Bryant in the weight throw (65-8 3/4). The women's 3,000-meter list was the most drastically altered, as Lawrence, Follett, Anita Campbell, and **Lauren Saylor** ran the four fastest times in school history, respectively.

WOMEN'S CROSS COUNTRY TAKES NCAA BY STORM: This past fall, the Husky women's cross country team grabbed the national spotlight, dominating every race they entered en route to the program's first National Championship. At the start of the season, the women were given a No. 3 national ranking, but quickly jumped up to No. 1 after dominating wins at the Sundodger and Tiger Invitational. UW confirmed its top billing with a huge win at Pre-Nationals. The Huskies then headed for a showdown with second-ranked Oregon at the Ducks' home course for the Pac-10 Championships. Washington turned the expected battle into an historic rout, sweeping the top six places to record a perfect 15 points and snap Stanford's 12-year run of conference titles. Freshman **Kendra Schaaf** won the race by 30 seconds in a conference record time, becoming UW's first individual champion since 1982. After another routine win at West Regionals, the women went to NCAA's as the overwhelming favorite and did not disappoint, defeating Oregon once again by 52 points to win the national title. Freshman **Christine Babcock** led the way with a 7th-place finish, followed by Schaaf (12th-place), sophomore **Mel Lawrence** (25th), junior **Katie Follett** (26th), senior **Amanda Miller** (35th), sophomore **Lauren Saylor** (41st), and senior **Anita Campbell** (51st). The top five all earned All-America honors, with Saylor just missing out by one-tenth of a second. Schaaf was named Pac-10 Athlete of the Year, a first ever for Washington, and Babcock was named Pac-10 Newcomer of the Year. Head coach Greg Metcalf swept the coaching awards, as he was named the Pac-10, West Regional, and National Coach of the Year.

HEAD COACH GREG METCALF: Former Husky All-American Greg Metcalf is in the midst of his seventh season as head of Washington's track and field program, and his 12th year overall on the staff, and remains the driving force behind UW's rise to national prominence. A native of Ephrata, Wash., Metcalf is just a few months removed from capturing the program's first ever national team championship, as the 2008 Husky women's cross country team went undefeated to with the NCAA title. Metcalf earned Pac-10 and National Coach of the Year honors for his efforts, and also guided the men's cross country squad to 18th at nationals, its second Top-20 finish in the past three years. The track and field squads have also enjoyed a prolonged period of unprecedented success the past several years. The men finished in the Top-25 at six consecutive NCAA Championship meets from 2006-08, including consecutive Top-10 indoor finishes in 2007 and 2008. At the 2008 NCAA Outdoor Championships, UW placed 16th with its most points since the 1983 season. The men also won the MPSF Championships in both 2006 and 2007, and Metcalf was named conference coach of the year on both occasions. The women have also had four Top-25 NCAA finishes since 2005, and sent three team members to the 2008 U.S. Olympic Trials in the 1500-meters. Husky track and field individuals in Metcalf's tenure have combined for six NCAA titles, nine Pac-10 crowns and 145 NCAA Championships appearances, while breaking school records on 60 separate occasions. In addition to their athletic prowess, Metcalf's teams have been among the brightest at a school renowned for its high academic standards. His teams are eight-time recipients of the U.S. Track and Field and Cross Country Coaches Association (USTFCCCA) All-Academic honor, including the men's track team being named the 2008 Outdoor Scholar Team of the Year, and the 2008 National Champion women's cross country team being named National Women's Scholar Team of the Year. Six UW individuals have earned Academic All-America honors. Washington is the second head coaching position for Metcalf, who served in 1996-97 as the head cross country and assistant track coach at Auburn University. A four-time Academic All-Pac-10 honoree at Washington, Metcalf earned All-American honors at the 1992 and 1993 NCAA Championships. His best collegiate mark of 8:41.17 ranks fourth all-time among Husky steeplers. He also was a steeple finalist in the 1996 U.S. Olympic Trials.

UW Men's NCAA Champions

Year	Champion	Event	Mark
2007	Ryan Brown	800 Meters (I)	1:48.40
2006	Ryan Brown	800 Meters	1:46.29
2004	Brad Walker	Pole Vault (I)	18-8 1/4
2003	Brad Walker	Pole Vault (I)	19-0 1/4
1998	Ja'Warren Hooker	55-Meters (I)	6.13
1986	Mike Ramos	Decathlon	8,261 (meet record)
1979	Tom Sinclair	Javelin	261-3
	Scott Neilson	Hammer	237-3
	Scott Neilson	Weight Throw (I)	71-5 1/2
1978	Scott Neilson	Hammer	237-5
	Scott Neilson	Weight Throw (I)	68-7 3/4
1977	Scott Neilson	Hammer	228-4
	Scott Neilson	Weight Throw (I)	68-10 1/2
1976	Scott Neilson	Hammer	216-8
	Borys Chambul	Discus	202-3
1975	Keith Tinner/Jerry Belur/ Pablo Franco/Billy Hicks	Mile Relay	3:05.10
1971	Cary Feldman	Javelin	259-0
1963	Brian Sternberg	Pole Vault	16-3 3/4
1930	Steve Anderson	120y High Hurdles	14.4
	Paul Jessup	Discus	160-9 3/8
1929	Steve Anderson	220y Low Hurdles	23.5
	Ed Genung	880y Run	1:55.0
1928	Rufus Kiser	Mile	4:17.6
1927	Herman Brix	Shot Put	46-7 3/8
1925	Jim Charteris	880y Run	1:55.4
1921	Gus Pope	Shot Put	45-4 1/2
	Gus Pope	Discus	142-2 1/4

UW Women's NCAA Champions

Year	Champion	Event	Mark
2006	Amy Lia	1,500 Meters	4:14.63
2005	Kate Soma	Pole Vault	14-1 1/4
1988	Jennifer Ponath	Shot Put	54-4 1/2
1986	Helena Uusitalo	Javelin	193-1
1981*	Regina Joyce	3,000 Meters	9:00.20 (coll. record)

(I) - indicates indoor event

* - Prior to 1982, women competed in the Association of Intercollegiate Athletics for Women (AIAW), not the NCAA.

All-Time NCAA Championships Team Finishes

Men's Results (1921-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	Florida State	52	16	19.33
2007	Florida State	54	15t	16
2006	Florida State	67	22t	11
2005	Arkansas	60	—	—
2004	Arkansas	65.5	—	—
2003	Arkansas	59	—	—
2002	Louisiana State	64	30t	8
2001	Tennessee	50	33t	6
2000	Stanford	72	28t	8.5
1999	Arkansas	59	—	—
1998	Arkansas	58.5	23t	10
1997	Arkansas	55	—	—
1996	Arkansas	55	26t	12
1995	Arkansas	61.5	54t	4
1994	Arkansas	83	65t	2
1993	Arkansas	69	36t	7
1992	Arkansas	60	—	—
1991	Tennessee	51	58t	4
1990	Louisiana State	44	28t	10
1989	Louisiana State	53	51t	4
1988	UCLA	82	55	4
1987	UCLA	81	26	11
1986	SMU	53	26t	11
1985	Arkansas	61	15	16
1984	Oregon	113	42t	10
1983	SMU	104	18t	28
1982	UTEP	105	22t	23
1981	UTEP	70	30t	6
1980	UTEP	69	29	7
1979	UTEP	64	5t	28
1978	UTEP/UCLA	50	12	21
1977	Arizona State	64	15	11
1976	USC	64	7	28
1975	UTEP	55	10	17
1974	Tennessee	60	9t	18
1973	UCLA	52	—	—
1972	UCLA	82	6t	18
1971	UCLA	52	12t	14
1970	Oregon/Kansas/BYU	35	22t	9
1969	San Jose State	48	38t	3
1968	USC	58	13	12
1967	USC	86	38t	4
1966	UCLA	81	32t	6
1965	USC/Oregon	32	46t	3
1964	Oregon	70	29t	8
1963	USC	61	10	17
1962	Oregon	85	—	—
1961	USC	65	49t	1.4
1960	Kansas	50	—	—
1959	Kansas	73	28t	6.1
1958	USC	48 6/7	—	—
1957	Villanova	47	—	—
1956	UCLA	57.7	—	—
1955	USC	42	—	—
1954	USC	66 17/20	—	—
1953	USC	80	27t	5
1952	USC	66 7/12	—	—
1951	USC	56	25t	5
1950	USC	49	—	—
1949	USC	55.4	—	—
1948	Minnesota	46	—	—
1947	Illinois	59 2/3	30	5
1946	Illinois	78	16t	8
1945	Navy	62	—	—

Year	Champion	Pts.	UW Place	UW Pts.
1944	Illinois	79	—	—
1943	USC	46	8	17
1942	USC	85.5	26t	4
1941	USC	81.5	34	1
1940	USC	47	32t	2
1939	USC	86	—	—
1938	USC	67.75	—	—
1937	USC	62	—	—
1936	USC	103 1/3	—	—
1935	USC	74.2	26t	4
1934	Stanford	63	—	—
1933	LSU	58	38t	1
1932	Indiana	56	—	—
1931	USC	77	20t	8
1930	USC	55 27/70	2	40
1929	Ohio State	50	2	42
1928	Stanford	72	4	26
1927	Illinois	35	3	29
1926	USC	27	—	7
1925	Stanford	31	—	13.5
1924	No Meet Held			
1923	Michigan	29.5	15	5.5
1922	California	28.5	—	—
1921	Illinois	20.25	4	12.25

Women's Results (NCAA, 1982-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	LSU	67	—	—
2007	Arizona State	60	59t	3
2006	Auburn	57	21t	12
2005	Texas	55	15t	17
2004	UCLA	69	18t	13
2003	Louisiana State	64	29t	9
2002	South Carolina	82	—	—
2001	USC	64	—	—
2000	Louisiana State	58	66t	1
1999	Texas	62	—	—
1998	Texas	60	29t	8
1997	Louisiana State	63	—	—
1996	Louisiana State	81	30	7
1995	Louisiana State	69	47t	3
1994	Louisiana State	86	63t	1
1993	Louisiana State	93	49t	2
1992	Louisiana State	87	—	—
1991	Louisiana State	78	54t	2
1990	Louisiana State	53	—	—
1989	Louisiana State	86	—	—
1988	Louisiana State	61	10	26
1987	Louisiana State	62	28t	8
1986	Texas	65	22	11.5
1985	Oregon	52	—	—
1984	Florida State	145	34t	12
1983	UCLA	116.5	17t	24
1982	UCLA	153	28	11

Women's Results, (AIAW, 1976-81)

Year	Champion	Pts.	UW Place	UW Pts.
1981	Tennessee	61	16	13
1980	CS Northridge	59	31	6
1979	CS Northridge	67	—	—
1978	CS Northridge	57	14t	10
1977	UCLA	86	12t	12
1976	Prairie View	60	30	4